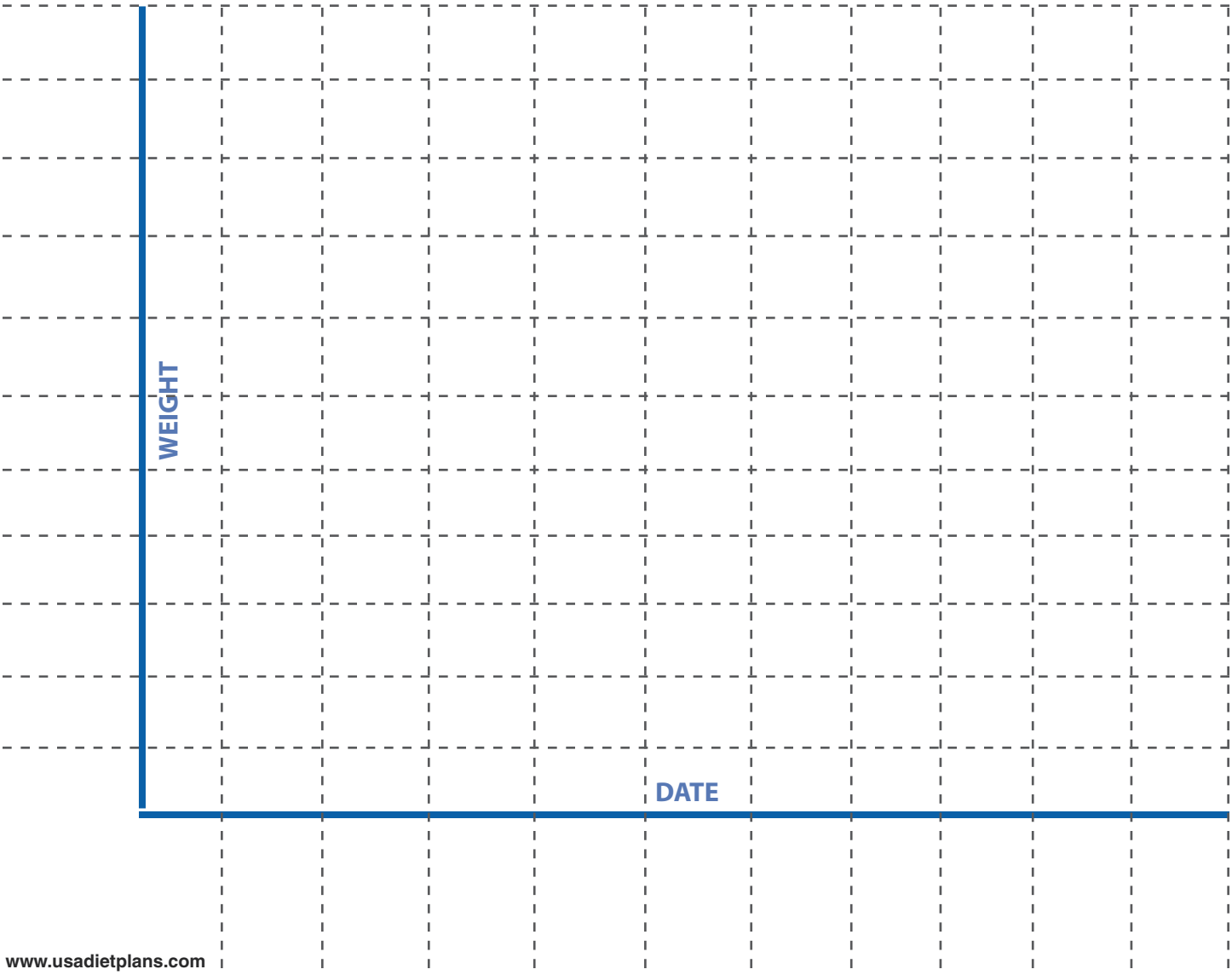
Name: _____

PROGRESS GRAPH

DATE	WEIGHT	BODY FAT %	LBM